

Valeda™

Light Delivery System

Information for Patients



1. Who is suitable for the Valeda treatment?

Valeda is indicated for use in the treatment of dry age-related macular degeneration (AMD) patients with vision impairment. Those individuals receiving treatment should have a doctor diagnosis of Dry AMD. The stage of Dry AMD may impact the benefits of the treatment.

Your doctor will discuss your diagnosis and treatment plan with you.

2. Who is NOT suitable for the Valeda treatment

As a precaution, patients have not been tested and should not be treated with Valeda if they have any known reactions to light exposure, or if they have a history of light-activated central nervous system disorders (e.g., epilepsy, migraine). In addition, patients should not receive treatment within 30 days of using any photosensitizing medications (e.g., topicals, injectables) before consulting with their physician.

3. What's involved with the Valeda treatment? Do I need any special preparation?

If you wear glasses or contact lenses, you will be asked to remove them prior to receiving treatment. Your eyes will not be dilated for the Valeda treatment. You will be seated comfortably at the Valeda Light Delivery System. The person administering the treatment will guide you through each step of the treatment which takes less than 5 minutes. Treatment for both eyes will take less than 10 minutes.

Clinical trials have shown benefits in visual function following treatment 3 times a week for 3-4 weeks. This is the recommended treatment protocol for patients with Dry AMD. In a recent clinical study, patients received no more than 3 treatments a week and no more than one treatment in a 24 hour period. If you miss a treatment, it is recommended to make up the session within the 3-4 week treatment series period.

4. What are the clinical benefits of the Valeda treatment?

Treatment with Valeda improves benefits in overall visual function including improvement in vision when scored on the eyechart and improved detailed vision. Photographic imaging also shows improvement in scans of the eye when assessed for drusen (protein deposits that are observed in the diseased eye).

5. What are the potential side effects of the Valeda treatment?

Photobiomodulation (PBM) is a low level light based therapy that helps cells improve their function. PBM has been used in many different diseases and disorders for decades with a positive safety profile. In clinical trials in dry AMD patients, the use of light therapy has also been shown to be safe. Valeda is designed to be eye safe. There have been no treatment-related side effects noted in previous studies with the Valeda.

6. What can I expect during and after the Valeda treatment?

It is well known that looking at bright light can produce an afterimage. Another name for this is photobleaching, where the cells that "see" that specific color become fatigued. For example, if you look at a red light, those colors may fade after treatment and you will see more of the opposite color (i.e., green). This phenomenon may be seen immediately following the treatment and will recover in a couple of minutes. You will be able to partake in normal activities following the treatment.

6. What if I have cataracts?

Patients can receive the Valeda treatment if they have cataracts.



www.lumithera.com



Authorised
Distributor:

 LumiThera, Inc.
19332 Powder Hill Place NE
Poulsbo, Washington 98370 USA
www.lumithera.com

 Emergo Europe
Prinsessegracht 20,
2514 AP Den Haag
Niederlande


2797

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